



# The Global Goals Gazette



News from Rickmansworth Park's Unicef

Rights Respecting Steering group

November 2022



Welcome to edition 4 of our Gazette. The aim of the group is to promote the United Nations Global Goals. Our focus is on Goal 12—Responsible consumption and production. We are very busy this term, with research and letter writing well underway, along with a very informative visit to Woodoaks Farm in Mill End .



**On 19th October, we spent a morning at Woodoaks Farm in Mill End, learning about many aspects of food production and its environmental impact. You can read about our day here in this edition.**

## Did you know..?

In 2015, seventeen Sustainable Development Goals were adopted by the United Nations to help steer collective world action towards a more sustainable future. Most people in the world do not eat enough fruit and vegetables to remain healthy, so the United Nations designated 2021 as International Year of Fruits and Vegetables, to raise awareness of the human benefits of eating more fruit and vegetables, within the context of the wider economic and environmental impacts of their production.



We were shocked to discover that 80% of apples consumed in the UK are imported from abroad.

## The importance of managing the land when growing and watering crops.

We watched a fair test being done. Ted watered a steep slope of turf and a steep slope of soil. The roots of the turf kept the soil in place, but the soil washed away and flooded everywhere. From this we learned how important it is to manage what grows and avoid deforestation on hills areas.

## Food air miles are often shocking!

We played a game in which we had to create a meal of six items using the packaging labels. We then had to check the country of origin of each item and look up the air miles that country is from the UK. The average number of airmiles for our meals was 20,000km. That is an awful lot of pollution from air travel—and the road transport at each end!

## What are the aims of Woodoaks Farm?

The farm aims to ensure that our world becomes better every year. It educates people and helps to stop waste destroying our planet. The farm is owned by the Soil Association Land Trust and plans to become a sustainable food hub for the local community. It aims to connect local people with the food they eat and the land it comes from.

## What does Woodoaks Farm produce?

We saw a variety of fruits and vegetables growing, including pumpkins, squash, tomatoes, lettuce, blueberries and apples.

We picked pumpkins and helps stamp the end of this year's tomato crop back into the ground

There is a fruit and veg shop at Woodoaks Farm every Friday and Sunday from 10am, selling home grown produce, and a pop up butchers shop once a month. Both are very popular and get very bust.



## What will we do now?

We have written to Herts Catering to ask them about their policy on food sourcing and packaging. It will be interesting to get their reply. We want to target the question to supermarkets next.

